

# God's Wonderful Peace

Day 1

LEARN HOW TO ENJOY GOD'S PEACE.

"...I have learned how to be content (satisfied to the point where I am not disturbed or disquieted) in whatever state I am" (Philippians 4:11).

Would you like to learn how to mature to the point where you will not be disturbed by any circumstances you face? The apostle Paul learned to react in this manner to the problems in his life. We also can learn how to react with quiet trust and contentment when we are faced with adversity. These Scripture Meditation Cards are filled with specific instructions from the Word of God that teach us how to be content instead of being disturbed by the circumstances of life. Our Father will bless us with peace if we obey His instructions that tell us how to receive peace.

"...the Lord will bless His people with Peace" (Psalm 29:11)

Pray that you will be content at all times and that God will bless you with His wonderful Peace.

Day 2

ENJOY THE PEACE OF RECONCILIATION.

"since we are justified (acquitted, declared righteous, and given a right standing with God) through faith, let us [grasp the fact that we] have [the peace of reconciliation to hold and to enjoy] peace with God through our Lord Jesus Christ (the Messiah, the Anointed One)" (Romans 5:1).

Most of these Scripture cards will explain how to enjoy the peace of God. However, before we can enjoy the peace of God, we first must experience peace with God. Because of the sin of Adam, all people were separated from God.

Our Lord Jesus Christ paid the price at Calvary for us to be Justified with God. Jesus bought us back into right standing with God, making the peace of reconciliation available to everyone.

"...the chastisement [needed to obtain] peace and well-being for us was upon Him..." (Isaiah 53:5).

Pray with a heart filled with gratitude of the peace you have been given by the Jesus Christ.

Day 3

GOD HAS PLANS FOR PEACE FOR YOU.

"For I know the thoughts and plans that I have for you, says the Lord, thoughts and plans for welfare and peace and not for evil, to give you hope in your final outcome" (Jeremiah 29:11)

This passage of Scripture explains the specific thoughts and plans God has for each of us. Loving parents here on earth have plans for their children. Our heavenly Father has a wonderful plan for each of His children.

We are told that God has thoughts and plans for our welfare and peace and not for evil. Our Father wants us to learn how to enter into the peace He has provided for us. He wants all of His children to have hope for the future because we are able to enter into His peace and remain in His Peace. If we learn how to enter into God's peace, we won't be discouraged by the circumstances in our lives.

Pray that you will experience wonderful peace by seeking and finding God's plans for your life.

Day 4

JESUS CHRIST HAS GIVEN HIS PEACE TO US.

“Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you...” (John 14:27)

Jesus Christ spoke these words to His disciples in the upper room during the Last Supper. Jesus made this statement because He knew His crucifixion was imminent. He wanted to be certain His disciples understood that, even after He died on the cross, His own peace was given to them. Jesus Christ has given each of us the privilege of appropriating this same promise. All Christians should be constantly aware that Jesus Christ lives inside of us and that His peace lives inside of us. We can receive His peace by faith in the promises of God. We should not seek peace from the ways of the world. The peace of God always comes to us from the inside out, not from the outside in.

Pray with absolute assurance that you have been given the peace of the Lord Jesus Christ.

Day 5

WE CAN ENJOY PERFECT PEACE AND CONFIDENCE THROUGH THE LORD JESUS CHRIST.

“I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulations and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]” (John 16:33).

We are told that we have perfect peace and confidence in Jesus Christ. Dare to believe this wonderful promise. Step out in faith on this promise. Jesus explains that everyone will experience tribulation, trials, distress, and frustration. However, we should be of good cheer. We should believe that Jesus Christ actually has overcome the world. We should know that He has deprived anything in this world from the power to harm us.

Pray with a deep inner peace that does not waver because of any trials and tribulations.

Day 6

OUR FATHER WANTS US TO CRAVE PEACE AND TO SEEK THIS PEACE EAGERLY.

“...search for peace (harmony; undisturbedness from fears, agitating passions, and moral conflicts) and seek it eagerly...” (1 Peter 3:11).

The amplification of this passage of Scripture explains that peace is harmony. Everything fits together when we are in harmony. If we learn and believe God’s promises pertaining to peace, we won’t be disturbed by fearful and agitating passions and moral conflicts.

Our Father wants us to search for His wonderful peace. He wants each of us to crave peace. We should actively pursue peace. We should go after it!

“...seek, inquire for, and crave peace and pursue (go after) it!” (Psalm 34:14).

Pray with deep craving for God’s peace and a sincere desire to eagerly seek His peace.

Day 7

WE SHOULD BE ENCOURAGED BY THE WONDERFUL PROMISES GOD HAS GIVEN TO US.

“...whatever was thus written in former days was written for our instruction, that by [our steadfast and patient] endurance and the encouragement [drawn] from the Scriptures we might hold fast to and cherish hope” (Romans 15:4).

Many years ago (in former days) God anointed each of the human authors of the Bible to instruct us with words that were inspired by God (II Timothy 3:16).

Whenever we are face with adversity, we can steadfastly and patiently endure because of the encouragement drawn from the Scriptures.

If we study and meditate continually on the Word of God, faith in God will rise up on the inside of us. We will persevere in faith because we hold fast and cherish hope. We will be filled with the peace of God because we trust completely in God.

Pray with peace because you are constantly encouraged by promises in the Holy Scriptures.

Day 8

MANY OF US ARE LED TO THE WORD OF GOD BECAUSE OF THE PROBLEMS WE FACE

“It is good for me that I have been afflicted, that I might learn Your statutes.” (Psalm 119:71).

Many times, we need to face difficult problems before we will be motivated to renew our minds daily in the Word of God and to meditate throughout the day and night on the holy Scriptures. If the afflictions in our lives cause us to learn from God’s Word, this adversity is good for us. How can anything be bad if it causes us to be motivated to fill our minds and our hearts with the wonderful power of the living Word of God? We should follow the example of the Psalmist and increase our daily Bible study and meditation whenever we are faced with severe problems. If we do this, we will experience the wonderful peace that comes to everyone who loves God’s Word.

Pray thanking God for the adversity that motivated you to study and meditate on His Word.

Day 9

OUR FATHER WANTS US TO STRENGTHEN OUR FAITH BY MEDITATION ON HIS WORD.

“My life dissolves and weeps itself away for heaviness; raise me up and strengthen me according to [the promises of] Your word” (Psalm 119:28).

The Psalmist wrote these words when it seemed as if his life would dissolve. He was tempted to weep constantly because of the heaviness he experienced as a result of the severe problems he faced. He prayed asking God to raise him up and strengthen Him according to the promises in His Word.

We should follow this advice today. We must not allow a spirit of heaviness to rob us of the peace of God. Our Father will strengthen us if we focus continually upon the promises in His word instead of worrying about the problems we face. We must believe that God’s promises in our hearts are much more powerful than any problems we will ever face.

Pray with peace because your heart is strengthened by the promises Almighty God.

Day 10

WE CAN RECEIVE WONDERFUL COMFORT AND CONSOLATION FROM THE WORD OF GOD.

“This is my comfort and consolation in my affliction: that Your word has revived me and given me life” (Psalm 119:50)

When we are suffering as a result of an affliction, we shouldn't focus on this affliction. Our Father wants us to focus on the wonderful promises and instructions in His Word. If we do this, we will be comforted and consoled. The Word of God will revive us and give us life.

The afflictions we face actually are beneficial if they cause us to learn from the holy Scriptures. Our Father wants us to be motivated to fill our hearts with the power of His Word. If we follow

the example of the Psalmist, we'll experience the peace that comes to all of God's children who love His Word.

Pray thanking God that He revives you and comforts you with the promises in His Word.

Day 11

OUR FATHER PROMISES GREAT PEACE TO ALL OF HIS CHILDREN WHO LOVE HIS WORD.

“Great peace have they who love Your law; nothing shall offend them or make them stumble” (Psalm 119:165).

This passage of Scripture says that great peace comes to God's children who love His law - the Word of God. We have seen that every word in the Bible is inspired by Almighty God. We should love God's Word so much that we fill our minds and our hearts with God's promises and instructions through constant Bible study and Scripture meditation.

If we do this, our minds and our hearts will be filled with God's peace. We won't be offended by the things other people say or do. The problems in our lives won't cause us to stumble.

Pray with deep and continual peace because your mind and heart are filled with the Word of God.

Day 12

WE WILL BE CALM, PEACEFUL AND PROSPEROUS IF WE OBEY GOD'S INSTRUCTIONS.

“Blessed (happy, fortunate, to be envied) is the man whom You discipline and instruct, O Lord, and teach out of Your law, that You may give him power to keep himself calm in the days of adversity...” (Psalm 94:12-13).

Would you like to be able to keep yourself calm when you are faced with adversity? God is our Teacher. He will give us the power to remain calm if we allow Him to discipline and instruct us. Our Father Promises to give us peace and prosperity that can be compared to a flowing river. We will receive these blessings if we hearken to His commandments - if we obey God's instructions.

“oh, that you had hearkened to My commandments! Then your peace and prosperity would have been like a flowing river...” (Isaiah 48:18)

Pray with a calm and peaceful heart knowing that God will bless your obedience with prosperity.

Day 13

GOD WANTS US TO ENJOY LONG AND FULL LIVES THAT ARE FILLED WITH TRANQUILITY.

“My son, forget not my law or teaching, but let your heart keep my commandments; for length of days and years of a life [worth living] and tranquility [inward and outward and continuing through old age till death], these shall they add to you” (Proverbs 3:1-2).

Our Father has promised to give us inner and outer tranquility that will continue through our old age until we die. He has promised us long lives that are worth living.

These blessings are available to God’s children who do not forget the teaching in His Word. If we keep God’s Commandments (obey His instructions), He will bless us abundantly. We will learn how to experience God’s peace throughout the remainder of our lives.

Pray with the assurance of a long, full and tranquil life because you obey God’s instructions.

Day 14

OUR FATHER WANTS US TO CLEANSE OURSELVES IN HIS WORD EACH DAY.

“...since these [great] promises are ours, beloved, let us cleanse ourselves from everything that contaminates and defiles body and spirit...” (II Corinthians 7:1).

Our Father has filled the Bible with thousands of great promises. These promises are ours - they belong to us. God has given them to us as a gift by His grace because He loves us so much. Because we have these great promises, we should give ourselves a daily “spiritual bath” by cleansing ourselves from everything that contaminates and defiles body and spirit. Most of us cleanse our bodies each day. It is more important to cleanse our spirits than to cleanse our bodies. Our Father will bless us if we are faithful in cleansing ourselves spiritually each day.

Pray with a clean mind and a clean heart that have been cleansed by God’s wonderful promises.

Day 15

OUR FATHER TELLS US HOW TO ENJOY PERFECT AND CONSTANT PEACE.

“You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to you, leans on You, and hopes confidently in You” (Isaiah 26:3).

Our Father promises to guard us and to keep us in perfect and constant peace. This promise is conditional. God will keep this promise, but we must do our part. We must not make the mistake of continually focusing on the problems in our lives. Our Father wants us to turn away from

these problems to focus our minds on Him because we are totally committed to Him, because we lean on Him and because all of our hope and confidence are in Him.

Pray with absolute certainty that God is guarding you and keeping you in perfect and constant peace.

Day 16

WE SHOULD CONSTANTLY FOCUS OUR MINDS AND OUR HEARTS UPON THE LORD.

“...set your mind and heart to seek (inquire of and require as your vital necessity) the Lord your God...” (I Chronicles 22 :19).

Our Father gave each of us the ability to choose what will fill our minds and hearts. God instructs us to set our minds and hearts to seek Him. We will experience the peace of God if we focus continually on God. Focus on God is not an option - this is a vital necessity. We all will be faced with many difficult problems in our lives. Many people think constantly about their problems. Instead of focusing on these problems, we are instructed to direct our minds in the ways of the Lord.

“...direct your mind in the way [of the Lord]” (Proverbs 23:19).

Day 17

WE EXPERIENCE THE PEACE OF THE LORD WHEN WE FOCUS CONSTANTLY UPON THE LORD.

“...I saw the Lord constantly before me, for He is at my right hand that I may not be shaken or overthrown or cast down [from my secure and happy state]” (Acts 2:25).

These words that were originally spoken by King David should encourage each of us today. God is always with us. We will not be shaken or overthrown or cast down by the problems we face if we focus on God constantly instead of focusing on our problems. We will experience God’s peace. We’ll remain in a secure and happy state. We should never allow any problems we face to cause us to be distracted from keeping our eyes on the Lord.

“My eyes are ever toward the Lord...” (Psalm 25:15).

Pray with deep inner security and happiness because you focus constantly on the Lord.

Day 18

GOD HAS GIVEN EACH OF US THE PRIVILEGE OF DECIDING WHAT WE WILL THINK ABOUT.

“...we beg you, brethren, not to allow your minds to be quickly unsettled or disturbed or kept excited or alarmed...” (II Thessalonians 2:1-2).

In this letter to the Thessalonians, the apostle Paul begged them not to allow their minds to be unsettled or disturbed. He urged them not to be excited or alarmed. God has given each of us the ability to control our thoughts. Our Father wants us to learn how to remain calm whenever we are faced with a crisis situation. We can achieve this goal by focusing on God’s indwelling presence and the promises our Father has given us in His Word. We will be happy if we learn how to receive God’s peace.

“...there is a happy end for the man of peace ...” (Psalm 37:37).

Pray with quiet confidence in the Lord, absolutely refusing to be upset by any problems you face.

Day 19

**INSTEAD OF BEING DEPRESSED, WE SHOULD BE ENCOURAGED BY GOD’S LOVE FOR US.**

“...God, Who comforts and encourages and refreshes and cheers the depressed and the sinking...” (II Corinthians 7:6).

Are you tempted to give in to depression because you are faced with severe problems you cannot solve? Do you feel like you’re sinking? Dare to turn away from these negative emotions to turn toward God. The Bible tells us that God comforts us when we are faced with difficult problems. When we’re tempted to be discouraged, God encourages us. When we are tired and weary, God refreshes us and fills us with cheer.

“Blessed be the God and Father of our Lord Jesus Christ, the Father of sympathy (pity and mercy) and the God [Who is the source] of every comfort (consolation and encouragement)” (II Corinthians 1:3)

Pray with confidence because you receive comfort, encouragement and refreshment from God.

Day 20

**ENJOY PEACE AND PROSPERITY BECAUSE OF YOUR CLOSE RELATIONSHIP WITH GOD.**

“Acquaint now yourself with Him [agree with God and show yourself to be conformed to His will] and be at peace; by that [you shall prosper and great] good shall come to you” (Job 22:21).

This passage of Scripture tells us how to be at peace and to prosper and to receive great good from God. Our Father will give us these wonderful blessings if we are closely acquainted with Him. The amplification of this passage of Scripture says that we will be at peace if we agree with God and if we are conformed to His will. Our Father wants us to submit our lives to Him. He wants every aspect of our lives to revolve around Him. He wants us to have a deep desire to come into His presence and to stay close to Him. Nothing in this world should come ahead of our desire to stay close to God.

Pray with a heart filled with peace because you stay close to God and continually seek His will.

Day 21

**WE CAN TRUST JESUS CHRIST TO BRING US SAFELY THROUGH SEVERE STORMS IN OUR LIVES.**

“...He said to them, Why are you timid and afraid, O you of little faith? Then He got up and rebuked the winds and the sea, and there was a great and wonderful calm (a perfect peaceableness)” (Matthew 8:26).

A violent storm arose when Jesus was crossing a lake with His disciples. Jesus was asleep in the boat. When the disciples awakened Jesus, He asked why they were timid and afraid. Jesus doesn't want us to focus on the storms in our lives. He wants us to trust completely in Him to provide great and wonderful calm. His peace is available to each of us according to our faith in Him.

“...According to your faith and trust and reliance [on the power invested in Me] be it done to you...” (Matthew 9:29).

Pray with absolute faith that Jesus Christ will bring you safely through the storms in your life.

Day 22

**REFUSE TO GIVE UP YOUR PEACE NO MATTER HOW BAD YOU'RE PROBLEMS SEEM TO BE.**

“Martha then said to Jesus, Master, if You had been here, my brother would not have died. And even now I know that whatever You ask from God, He will grant it to You” (John 11:21-22).

When Jesus heard that Lazarus was seriously ill, He didn't rush to Lazarus. He stayed where He was for two more days. When Jesus finally arrived, Lazarus was dead (John 11:5-14). Martha didn't give up her peace. She told Jesus that she still knew that God would grant Him whatever He asked. Jesus honored her faith and He will honor our faith if we have more faith in His power and might than we do in the power of the problems we face.

“.. He shouted with a loud voice, Lazarus, come out! And out walked the man who had been dead...” (John 11:43-44).

Pray in the midst of your problems with the same peace and faith that Martha exhibited.

Day 23

WE SHOULD NEVER PANIC IN THE FACE OF ADVERSITY BECAUSE WE HAVE FAITH IN GOD.

“...Do not be seized with alarm or struck with fear; simply believe [in Me as able to do this] ...” (Luke 8:50).

Jesus Christ spoke these words to a man who had just been informed that his daughter was dead. Jesus told this man that he should not be seized with alarm or struck with fear. Jesus said He could raise this girl from the dead. (He did.) This same principle applies to each of us in our lives today. The peace of God will be manifested in our lives if we simply believe that Jesus Christ is able to solve every problem we face. We will not panic when we face seemingly unsolvable problems if we trust completely in the Lord.

“Be not panic-stricken...” (Ecclesiastes 8:3).

Pray with quiet confidence in the face of adversity because of your faith in the Lord Jesus Christ.

Day 24

INSTEAD OF BEING ANXIOUS, OUR FATHER WANTS US TO BE GENTLE AND PEACEFUL.

“...a gentle and peaceful spirit, which [is not anxious or wrought up, but] is very precious in the sight of God” (I Peter 3:4).

Our Father wants us to be gentle and peaceful deep down in our hearts. He doesn't want us to be anxious or wrought up about the problems we face. If we react to adversity calmly and confidently, this reaction is very precious in the sight of God. Our Father wants us to be still at all times. He wants us to rest in Him. If He requires us to wait to receive His blessings, He wants us to patiently lean ourselves upon Him, knowing that He will answer our prayers in His good timing.

“Be still and rest in the Lord; wait for Him and patiently lean yourself upon him...” (Psalm 37:7).

Pray with a heart that is filled with peace, resting in the Lord and leaning patiently on Him.

Day 25

WE SHOULD REFUSE TO ALLOW WORRY AND ANXIETY TO ROB US OF GOD'S PEACE.

"...be on your guard, lest your hearts be overburdened and depressed (weighed down) with ...worldly worries and cares pertaining to [the business of] this life..." (Luke 21:34).

Jesus Christ wants us to be on guard against allowing worry to get into our hearts. We all will be faced with problems, but our reaction to these problems is the key to receiving God's blessings. Some people become depressed because they feel overburdened by the problems they face. We should cast our burdens on the Lord. Instead of attempting to carry heavy loads by ourselves, we should release them to the Lord with absolute faith that He will sustain us.

"Cast your burden on the Lord [releasing the weight of it] and He will sustain you..." (Psalm 55:22)

Pray with peace in your heart because you refuse to be overburdened by the problems you face.

Day 26

WE CAN ENJOY GOD'S UNSURPASSED PEACE.

"Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God. And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus" (Philippians 4:6-7).

If we want God's peace that transcends all understanding to guard our hearts and minds, we shouldn't fret or be anxious about anything. Instead, we should bring every need to God by prayer. We should thank God with faith when we pray.

Pray thanking God in advance for His answer because you have absolute faith in Him.

Day 27

RECEIVE PEACE FROM THE HOLY SPIRIT.

"...the fruit of the [Holy] Spirit, [the work which his presence within accomplishes] is love, joy (gladness), peace..." (Galatians 5:22).

The Holy Spirit lives in our hearts. If we yield control of our lives to the Holy Spirit, He will produce fruit in our lives. Peace is a fruit of the Holy Spirit. The Holy Spirit never worries about anything. His mind is filled with spiritual life. If we give our problems to Him, trusting Him completely to solve them, we will experience the wonderful peace in our souls (our minds and our emotions) that He has given to us now and forever more.

“...the mind of the [Holy] Spirit is life and [soul] peace [both now and forever]” (Romans 8:6).

Pray with faith that the Holy Spirit will give you peace because you trust completely in Him.

Day 28

WE EXPERIENCE GOD’S PEACE BY YIELDING CONTROL OF OUR LIVES TO THE HOLY SPIRIT.

“...you are living the life of the Spirit, if the [Holy] Spirit of God [really] dwells with in you [directs and controls you ]...” (Romans 8:9).

The Holy Spirit is always at peace. He is never agitated by any problems or circumstances, no matter how difficult they may seem to be. We will live the life of the Spirit if we voluntarily give up our God-given right to control our lives. Why would we attempt to control our lives if we know that the Holy Spirit dwells within us and if we know that He wants to direct and control us? Our hearts will be filled with peace if we are responsive to the Holy Spirit, allowing Him to guide us.

“...walk and live [habitually] in the [Holy] Spirit [responsive to and controlled and guided by the Spirit] ...” (Galatians 5:16).

Pray with a continual consciousness that the Holy Spirit is in complete control of your life.

Day 29

GOD’S PEACE ALWAYS COMES TO US FROM THE INSIDE OUT, NOT FROM THE OUTSIDE IN.

“...the kingdom of God is not a matter of [getting the] food and drink [one likes], but instead it is righteousness (that state which makes a person acceptable to God) and [heart] peace and joy in the Holy Spirit” (Romans 14:17).

All Christians have access to the kingdom of God. We shouldn’t look for peace and joy from food, drink and other external sources. Because we are righteous before God through Jesus Christ, we can receive manifestation of peace from the Holy Spirit. We should always be conscious of His indwelling presence and His might power.

“...be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality]” (Ephesians 3:16).

Pray with peace, trusting completely in the mighty power of the Holy Spirit Who lives in your heart.

Day 30

**OUR LIVES SHOULD REVOLVE AROUND THE INDWELLING PRESENCE OF ALMIGHTY GOD.**

“...He is not far from each one of us. For in Him we live and move and have our being...” (Acts 17:27-28).

Our Father is not a distant God. He is not far from each one of us. The words “each one” include you. God lives inside of every one of His children. We should focus continually upon the magnificence and wonder of His indwelling presence. Our Father wants every aspect of our lives to revolve around Him. He wants each of us to live and move and have our being in Him. Why would we allow ourselves to become agitated by problems if we know God is at hand? He is not far away.

“Am I a God at hand, says the Lord, and not a God afar off?” (Jeremiah 23:23).

Pray with peace and complete confidence because Almighty God is close to you at all times.

Day 31

**GOD WANTS US TO BE PEACEFUL AT ALL TIMES BECAUSE WE KNOW HE TAKES CARE OF US.**

“...behold, I am with you and will keep (watch over you with care, take notice of) you wherever you may go...” (Genesis 28:15).

Little children who trust their parents completely are always peaceful and contented. They don't worry. They believe down inside themselves that their loving parents will always take care of them. Whenever they are faced with problems, they immediately turn to their parents. Our Father wants us to be absolutely certain that He is with us at all times. He wants us to react positively because we know He always watches over us with care.

“...receive and accept and welcome the kingdom of God like a little child [does] positively...” (Mark 10:15).

Pray with absolute assurance that God is always with you and that He always watches over you.

Day 32

**WE HAVE NOTHING TO FEAR. GOD WILL STRENGTHEN US AND HE WILL HELP US.** “Fear not [there is nothing to fear], for I am with you; do not look around you in terror and be

dismayed, for I am your God. I will strengthen and harden you to difficulties, yes, I will help you...” (Isaiah 41:10).

Our Father doesn't want us to be afraid because there is nothing to fear. He is with us at all times. He doesn't want us to look around in terror. We should never give up our peace because of any circumstances that occur in our lives. God promises to strengthen us. We are not alone. God will harden us to difficulties. He will help us.

“...I am with you all the days (perpetually, uniformly, and on every occasion), to the [very] close and consummation of the age...” (Matthew 28:20).

Pray without fear because you know that God is with you and you know that He will help you.

Day 33

INSTEAD OF BEING ALARMED, WE SHOULD BE ENCOURAGED BECAUSE THE LORD WILL HELP US.

“...we take comfort and are encouraged and confidently and boldly say, The Lord is my Helper; I will not be seized by alarm [I will not fear or dread or be terrified] ...” (Hebrews 13:6).

The Lord wants each of us to be comforted and encouraged because we are confident that He is our Helper. If we truly believe the Lord will help us, we will not be seized with alarm. We should never allow our problems to rob us of the peace of God. We shouldn't be afraid. We shouldn't dread the future. We shouldn't be terrified by our problems. We should be absolutely certain that the Lord will carry us and protect us throughout our lives on earth, even to our old age.

“Even to your old age I am He, and even to hair white with age will I carry you...” (Isaiah 46:4).

Pray with a heart filled with encouragement because you know that the Lord will help you.

Day 34

REJOICE BECAUSE YOU FOCUS CONTINUALLY ON THE LORD, ALWAYS RESTING IN HIM.

“I have set the Lord continually before me; because He is at my right hand, I shall not be moved. Therefore my heart is glad and my glory [my inner self] rejoices; my body too shall rest and confidently dwell in safety” (Psalm 16:8-9).

We won't lose our peace if we focus continually upon the undeniable fact the Lord lives inside of us. If we truly believe this great spiritual truth, we will not be moved by any situation.

Our hearts should be glad and we should rejoice because of the indwelling presence of the Lord. We should rest in Him. We are completely safe because Almighty God lives in our hearts.

“The Lord your God is in the midst of you, a Mighty One...” (Zephaniah 3:17).

Pray with absolute certainty that you are safe because Almighty God inside of you.

Day 35

JESUS CHRIST WANTS TO BE IN COMPLETE CONTROL OF EVERY ASPECT OF OUR LIVES.

“...let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ’s] one body you were also called [to live] ...” (Colossians 3:15).

This passage of Scripture defines peace as harmony in our souls. We will experience this inner harmony if we allow Jesus Christ to rule our lives. Jesus is like an umpire. He wants to make all of the decisions in our lives.

Jesus Christ wants to act as umpire continually. He wants us to cheerfully allow Him to be Lord every day of our lives. Jesus wants us to focus constantly on His indwelling presence, allowing Him to settle with finality all questions that arise in our minds.

Pray with absolute and complete peace because you allow Jesus Christ to rule in your heart.

Day 36

WE CAN TRUST COMPLETELY IN JESUS CHRIST BECAUSE OF HIS LOVE FOR US.

“I have been crucified with Christ [in Him I have shared His crucifixion]; it is no longer I who live, but Christ (the Messiah) lives in me; and the life I now live in the body I live by faith in (by adherence to and reliance on and complete trust in) the Son of God, Who loved me and gave Himself up for me” (Galatians 2:20).

Like the apostle Paul, we should be crucified to the desire to control our own lives. We should yield control to Jesus Christ Who lives in us. We should have absolute faith that Jesus can and will take care of us when we place complete trust in Him.

Jesus wants each of us to live by faith. He wants us to rely on Him at all times. He loves us so much that He gave Himself up for us at Calvary. We can trust Him throughout each day on earth just as we can trust Him for our eternal salvation.

Pray with faith in the indwelling Jesus Christ.

## Day 37

### WHEN THE ISRAELITES GATHERED TOO MUCH BREAD, THE BREAD SPOILED.

“Then the Lord said to Moses, Behold, I will rain bread from the heavens for you; and the people shall go out and gather a day’s portion every day...” (Exodus 16:4).

When the Israelites were in the wilderness, the Lord didn’t provide several days’ worth of food from heaven. He provided bread every day for forty years (Exodus 16:35). He asked the Israelites to trust Him one day at a time. Some Israelites disobeyed these instructions. When they gathered more than one day’s supply of heavenly bread, the bread spoiled. This same principle applies to us today.

“Moses said, Let none of it be left until morning. But they did not listen to Moses; some of them left of it until morning, and it bred worms, became foul and stank...” (Exodus 16:19-20)

Pray with peace in your heart because you trust the Lord to meet your needs one day at a time.

## Day 38

### WE CAN BE ASSURED THAT WE ENTER IMMEDIATELY INTO GOD’S REST WHEN WE DIE.

“...Blessed (happy, to be envied) are the dead from now on who die in the Lord! Yes, blessed (happy, to be envied indeed) says the Spirit, [in] that they may rest from their labors...” (Revelation 14;13).

Most Christians understand that we enter into a wonderful and blessed heavenly rest when we die. We don’t have to work and struggle and strain any more. All of the labors of life on earth are behind us as soon as we die and enter into the wonderful eternal rest God has prepared for us.

All Christians should look forward to spending eternity with God in heaven (See our book *What Will Heaven Be Like?*). However, the Bible also says that God has provided rest for us here on earth. We must learn how to enter into this wonderful rest while we are living on earth.

Pray with deep peace, knowing that you will enter into God’s eternal rest when you die.

## Day 39

### WE SHOULD REST COMPLETELY IN THE ABSOLUTE SECURITY GOD PROVIDES FOR US.

“God gives them security, and they rest on it...” (Job 24:23).

Many people try to find peace through various forms of external security. External security does not provide the peace that God's security provides. The more we depend on any external source of security, the less we will be able to enter into the rest God has provided for us.

This passage of Scripture explains that God gives us security. Our Father wants us to turn to Him for all of the security we will ever need. He wants us to rest in complete faith in the security He has provided for us. We will be secure and feel confident if we place all of our hope in God.

"...you shall be secure and feel confident because there is hope..." (Job 11:18).

Pray resting completely in the wonderful security your Father has provided for you.

Day 40

ENTER INTO THE YOKE OF JESUS CHRIST.

"Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls" (Matthew 11:29).

A yoke is a frame that fits around the necks of oxen, enabling human beings to control these powerful animals. We enter into the rest Jesus Christ has provided for us by getting into His yoke, yielding control of our lives to Him. We can only enter into the yoke if we are humble in heart. If we are humble and trusting, we will find relief and blessed quiet for our souls. The Lord will lift us up.

"Humble yourselves [feeling very insignificant] in the presence of the Lord, and He will exalt you [He will lift you up and make your lives significant]" (James 4:10).

Pray with a complete lack of confidence in yourself and absolute confidence in the Lord Jesus Christ.

Day 41

THE ISRAELITES ALLOWED UNBELIEF TO STOP THEM FROM ENTERING INTO GOD'S REST.

"And to whom did He swear that they should not enter His rest, but to those who disobeyed [who had not listened to His word and who refused to be compliant or be persuaded]? so we see that they were not able to enter [into His rest], because of their unwillingness to adhere to and trust in and rely on God [unbelief had shut them out]" (Hebrews 3:18-19).

Numbers 14:1-35 explains the unbelief of the Israelites when they were in the wilderness. These chosen people of God failed to enter His rest because they had not listened to His Word. Because of their disobedience, they were not able to enter into God's rest. They failed to trust God,

placing all of their reliance on Him. Unbelief shut them out. We must not make this same mistake.

Pray with faith knowing that obedience to God and faith in God enables you to enter into God's rest.

Day 42

WE CAN ONLY ENTER INTO GOD'S REST IF WE TRULY TRUST HIM AND RELY ON HIM.

“...we who have believed (adhered to and trusted in and relied on God) do enter that rest, in accordance with His declaration that those [who did not believe] should not enter...” (Hebrews 4:3).

Whenever Christians are faced with a crisis situation, we decide whether or not we will enter into God's rest. This rest has been provided for all of God's children who really believe in Him, adhere to the instructions in His Word and place all of their trust and reliance on Him. Christians who meet these conditions will enter into God's rest.

God sets the conditions for us to meet to enter into His rest. He declared that those who did not believe in Him should not enter into His rest. We cannot rest in God unless we deeply believe in Him.

Pray entering into God's rest, because you know that God will solve every problem you face.

Day 43

PAY THE PRICE TO ENTER GOD'S REST.

“...be zealous and exert ourselves and strive diligently to enter that rest [of God, to know and experience it for ourselves], that no one may fail or perish by the same kind of unbelief and disobedience [into which those in the wilderness fell]” (Hebrews 4:11).

The bible says we will enter God's rest if we are zealous and exert ourselves and strive diligently. We accomplish these goals by studying and meditating continually upon the promises and instructions in the Word of God.

The rest of God is available to all of God's children. We can experience it for ourselves. No one should fall because of the unbelief and disobedience exhibited by the Israelites in the wilderness. We enter into God's rest only to the degree that we believe His promises and obey His instructions.

Pray resting in God because of your faith God and your obedience in God's instructions.

Day 44

WE SHOULD REST UPON OUR FAITH IN THE INDWELLING PRESENCE OF THE LORD.

“...the Lord said, My presence shall go with you, and I will give you rest” (Exodus 33:14).

Are you faced with seemingly difficult problems? Refuse to dwell upon these problems. Instead, focus constantly upon this promise from the Lord where He said, “My presence shall go with you.” Dare to believe this promise from God. Know that He is always with you.

This passage of Scripture explains that the Lord will give us rest when we are continually conscious of His presence. Each and every day of our lives we should turn away from the things of this world to continually draw close to the Lord.

“Seek the Lord and His strength; yearn for and seek His face and to be in His presence continually!” (1 Chronicles 16 :11).

Pray with absolute faith because you remain in the presence of the Lord continually.

Day 45

LEARN EXACTLY WHAT TO DO TO RECEIVE STRENGTH FROM GOD.

“...in quietness and in [trusting]confidence shall be your strength...” (Isaiah 30:15).

When we're faced with a crisis situation, some of us give into the temptation to panic. We are so overwhelmed by the magnitude of the crisis we face in comparison with the limitations of our human abilities that we allow our emotional reaction to these problems to control us.

Our Father wants us to do just the opposite. He wants us to be quiet in the face of a crisis situation because we have complete trust and confidence in Him. If we panic, we can block God's strength from working on our behalf. However, if we are quiet, trusting and confident, our faith releases God's Strength. We will not be afraid.

“...be quiet, fear not...” (Isaiah 7:4).

Pray knowing that your quiet confidence in the Lord will release His strength on your behalf.

Day 46

BE STILL IN THE FACE OF ADVERSITY, KNOWING THAT GOD WILL HELP YOU.

“...be still, and know (recognize and understand) that I am God...” (Psalm 46:10).

Whenever you are faced with a severe problem, open your mouth and say to yourself again and again, “Be still...be still...be still.” Refuse to give in to the temptation to be upset. We can be still because we know that Almighty God is with us at all times. We know He will not let us down.

If we don't obey these instructions from the Word of God, we can lose the peace Jesus Christ has given to us. Our Father wants us to understand what His Word says about being still and entering into His rest. We will be calm, cool and collected if we obey these instructions from God.

“...a man of understanding has a cool spirit” (Proverbs 17:27).

Pray with confidence that Almighty God is on your side, knowing that He will not let you down.

Day 47

OUR FATHER WANTS US TO EXPERIENCE HIS WONDERFUL PEACE IN THE MIDST OF SORROW.

“Sorrow is better than laughter, for by the sadness of the countenance the heart is made better and gains gladness” (Ecclesiastes 7:3).

God's peace isn't manifested in a life of continual good times. The peace of God often comes as a result facing severe problems and trusting completely in God to bring us safely through these problems. The Bible explains that sorrow is better than laughter. When we face seasons of adversity in our lives, our Father wants us to draw close to Him. He wants us to learn how to trust Him. Our hearts will be made better and we will gain gladness if we are able to trust God and stay close to Him. We will experience God's peace as we successfully overcome our problems if we have deep faith in God.

Pray with a heart filled with peace knowing that you will mature through the problems you face.

Day 48

THE LORD WANTS US TO TRUST IN HIS STRENGTH WHENEVER WE ARE IN TROUBLE.

“The Lord is good, a Strength and Stronghold in the day of trouble; He knows (recognizes, has knowledge of and understands) those who take refuge and trust in Him” (Nahum 1:7).

We experience the peace of God, not as a result of the circumstances in our lives, but based upon how we react to these circumstances. Whenever we are faced with trouble, we must know deep down in our hearts that the Lord is good. When we know we are weak and inadequate, we must understand that the Lord is our Strength and Stronghold.

Our Father knows which of His children take refuge and trust in Him. When we dare to place all of our trust in the Lord over a period of time, the peace of God will grow and mature in us. This peace will be a valuable asset when we face trouble in the future.

Pray with complete confidence that the Lord will strengthen you whenever you are in trouble.

Day 49

WE SHOULD FEAR THE LORD INSTEAD OF BEING AFRAID OF CIRCUMSTANCES.

“Who is the man who reverently fears and worships the Lord? Him shall He teach in the way that he should choose. He himself shall dwell at ease...” (Psalm 25:12-13).

When we fear the Lord, we hold Him in awe at all times. We revere the Lord. We worship Him continually. Every aspect of our lives revolves around Him. He is everything. We are nothing. If we truly fear the Lord, He promises to teach us. He will show us the way we should choose. Because of our complete confidence in the Lord, we will dwell at ease. We won't be afraid of Anything, because we'll know that the Lord is in complete control of every aspect of our lives. We will manifest the peace of God because we will have “...a peaceful mind free from fears...” (James 3:18).

Pray with reverence and awe of God, refusing to be afraid because you know He will help you.

Day 50

LEARN THE SECRET OF EXPERIENCING THE SWEET COMPANIONSHIP OF THE LORD.

“The secret [of the sweet, satisfying companionship] of the Lord have they who fear (revere and worship) Him...” (Psalm 25:14).

In the previous Scripture Meditation Card we saw that, when we fear the Lord, we hold Him in awe at all times. When we fear the Lord, we revere Him and worship Him constantly. Throughout everyday of our lives we are continually conscious of His awesome indwelling presence.

We are told that the fear of the Lord is the secret of His sweet, satisfying companionship. We will always experience the peace of the Lord when we are enjoying wonderful companionship with Him. We will walk in peace when every aspect of our lives revolves around Him instead of revolving around ourselves and/or the things of the world.

Pray fearing the Lord, receiving His peace from your sweet, satisfying companionship with Him.

Day 51

WE WILL RECEIVE MERCY, LOVE AND KINDNESS FROM THE LORD WHEN WE TRUST HIM.

“...he who trusts in, relies on, and confidently leans on the Lord shall be compassed about with mercy and with loving-kindness” (Psalm 32:10).

When we are faced with adversity, we should refuse to give up our peace because we place all of our trust in the Lord. We should rely completely on the Lord. We should have so much confidence in the Lord that we will lean on Him at all times.

Our Father promises to give us mercy and lovingkindness we when place all of our trust in Him. We will always be safe when we put all of our confidence in Him. We will be set on high - the Lord will lift us above our problems.

“...whoever leans on, trusts in, and puts his confidence in the Lord is safe and set on high” (Proverbs 29:25).

Pray with faith in the Lord’s mercy and loving kindness knowing that He will keep you safe.

Day 52

MEDITATE CONTINUALLY ON THE SCRIPTURE PASSAGES ON THESE CARDS.

“...God has called us to peace” (1 Corinthians 7:15).

Our Father has called us to enjoy the wonderful peace He has provided for us through the sacrifice of Jesus Christ. The previous 51 Scripture Meditation Cards are filled with specific instructions telling us how to receive this peace from God. Our Father wants His peace to be manifested in us internally and externally regardless of the circumstances in our lives.

Meditate continually upon the Scripture references contained in these cards. Fill your mind and heart constantly with God’s instructions that tell you how to receive His peace. If you meditate in this manner over a period of time, you will find that the peace of God will fill your mind and heart.

Pray with absolute peace because your heart is filled with God’s promises and instructions.

We pray that these Scripture cards have been and will continue to plant the Word of God into your heart and deepen your relationship with our Father God in Christ Jesus. We invite you to continue to journey with us by receiving our monthly newsletter updating you on what we are doing, what new publications are coming out, what our India and our Southeast Asia Directors are accomplishing for the spread of the gospel, and just news from us to you. We’d be so pleased

to continue our friendship with you. Please sign up on our website: [www.lamplight.net](http://www.lamplight.net) or write to us at Lamplight Ministries, Inc, Jack and Judy Hartman, Box 1307, Dunedin, FL 34698. We are so blessed that you are writing the Word of God on your heart and inviting the Holy Spirit for revelation of God's Word. God's Word is alive and powerful. Pray it and speak it all day long. We love you and pray God's magnificent blessing upon you right now, in Jesus' name. Amen.

With you we are truly blessed to be a blessing, Genesis 12:1-3; I John 4:8; I Thessalonians 4:16-18!

*Jack and Judy*

